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## 2019 Man Cave Health Awards Nominations

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### 2019 MAN CAVE HEALTH AWARDS NOMINATIONS

*Announcing the latest round of Nominations in Honor of Outstanding Achievements in the field of*

*Men's Health*

**New York, NY:** Man Cave Health, Inc. proudly announces the most recent round of nominees for its First Annual International Awards ceremony to be held in March 2019. More than 1,000 awards will be granted across the globe in recognition of outstanding achievements in the field of Men's Health. We honor both the unsung heroes and the leaders in healthcare, science, government, business, education, sports, entertainment and the media for their commitment to prioritizing Men's Health.

Driven by the notion that "men take better care of their cars than they do their bodies", Man Cave Health is breaking the silence surrounding sensitive health topics for men. There are approximately 3.7 billion men in the world, and they will die on average, almost five years earlier than women because they are less likely to seek preventive care for themselves. Nearly 81% of men remember the make & model of their first car, but barely half remember their last doctor visit.

"For too long, men have taken a backseat to their healthcare journey. I believe Man Cave Health will be an integral part of changing that," writes Ashutosh Tewari, MBBS, MCh, FRCS (Hon.), Professor, Department of Urology, Icahn School of Medicine at Mount Sinai. Man Cave Health Founder and Chairman, Thomas Milana, Jr. said, "The time has come to make men's health a priority, and Man Cave Health is proud to lead the charge in shining a spotlight on the people who are doing just that."

The nominees for **Entertainer of the Year** are:

**Jimmy Charles**, for his dedication to the prostate cancer community for the songs "**Superman**" and "**I Am Not Alone**".

**Vincent Pastore** for sharing his experience with prostate cancer. Vinny says, "I want you guys to listen." So Vinny, we're listening!

**Ben Stiller**, for speaking out against the US Preventive Service Task Force's recommendation to increase the age for regular PSA testing from age 40 to age 50. As Mr. Stiller points out, had his doctor followed that recommendation, he would not have known about his tumor until it was at least 2 years too late to treat.

The nominees for **Sports League of the Year** are:

**Major League Baseball (USA)**, for its dedication to prostate cancer awareness through the annual **Home Run Challenge**.

**Premier League British Football** for participating in the FFIT program.

**Primeira Liga, (Football League in Portugal)** for participating in FFIT program.

**Elite Serien (Football League in Norway)** for participating in FFIT program.

The nominees for **Community Clinic of the Year** are:

**The Cleveland Clinic** for promoting awareness and screenings for male breast cancer.

**Alliance Community Healthcare, Jersey City, NJ** for weekly health screening events throughout the community in churches, schools, clinics.

**Family Tree Community Clinic, St. Paul, MN** for recognizing Men's Health as its own specialty, separate from general health, and providing services on a sliding scale fee schedule.

The nominees for **Healthcare Volunteer of the Year** (while this category is not specific to men's health, we feel it is important to recognize the volunteers who are providing care to those who have limited or no access) are:

**Remote Area Medical (RAM) Volunteer Corps  
National Association of Free and Charitable Clinics.  
Create the Good: Volunteer Arm of AARP.**

The nominees for **Organizations Combating the Opioid Crisis** (while this category is not specific to men's health, we feel it is a critical health issue) are:

**The Behavioral Health Leadership Institute** for the van they provide outside of the Baltimore City Jail. On 2 days per week, **BHLI** is able to provide physicals and prescriptions for buprenorphine for men exiting the jail. The organization realized the need for this integral service upon noticing the upswing in overdoses among those recently released from incarceration; the best way to address the issue was to target those exiting the facility. Kudos!

**Health Resources and Services Administration (HRSA)** for the \$400,000,000 they awarded to HRSA funded Community Health Centers, Rural Organizations, and Academic Institutions this past September.

**US Senate**, for passing the **Opioid Crisis Response Act of 2018 (OCRA)**, which included legislation in 70 bills aimed at combating this Public Health Emergency

The nominees for **Urology Practice of the Year** are:

**Michigan Institute of Urology Men's Health Foundation** for their annual **Men's Health Event at Ford Field** highlighting all aspects of men's health. The event offers free health screenings all day for men, includes family-friendly fitness activities, Q & A with health experts, and encourages men to take charge of their overall health and well-being.

**Chesapeake Urology**, for reaching their recent milestone of providing 8,000 free PSA tests. Congratulations, and thank you!

**The Urology Group (Cincinnati Tri-State Area)**, for Family Health Day on October 14, 2018, which provided not only free PSA testing, but flu shots for the whole family, mammography services and other screenings.

The nominees for **Prostate Surgeon of the Year, Alabama** are:

**Michael Bivins, MD** – Urology Centers of Alabama

**John Hinson, MD** – North Alabama Urology

**Scott Tully, MD** – Urology Centers of Alabama

The nominees for **Prostate Surgeon of the Year, Alaska** are:

**Tony Nimeh, MD** – Fairbanks Urology

**William Clark, MD** – Providence

The nominees for **Prostate Surgeon of the Year, Arizona** are:

**Paul Yurkanin, MD** – Yurkanin Urology

**Sanjay Ramakumar, MD** – Arizona Institute of Urology

**Mark Hong, MD** – Mark Hong MD

The nominees for **Prostate Surgeon of the Year, Arkansas** are:

**Ronald Kuhn, MD** – Arkansas Urology

**Robert T. Emery, MD** – White River Health System

The nominees for **Prostate Surgeon of the Year, California** are:

**Robert Reiter, MD** – UCLA

**Thomas Ahlering, MD** – UC Irvine School of Medicine

**Sumeet Bhanvadia, MD** – Keck Medicine

The nominees for **Prostate Surgeon of the Year, Colorado** are:

**Edward B. Eigner, MD** – Denver Urology

**Juan Montoya, MD** – The Urology Center of Colorado

**James A. Simon, MD** – Advanced Urological Care

The nominees for **Prostate Surgeon of the Year, Connecticut** are:

**Dmitry Volkin, MD** – Urological Associates of Bridgeport

**David J. Hesse, MD** – Yale Cancer Center

**Joseph Renzulli, MD – Yale Cancer Center**

The nominees for **Prostate Surgeon of the Year, Delaware** are:

**Christopher Mitchell, MD – Christiana Care Health System**

**Gregory Spana, MD – Urology Associates of Dover**

The nominees for **Prostate Surgeon of the Year, Florida** are:

**Vipul Patel, MD – Florida Hospital, Celebration**

**Sanjay Razdan, MD – Miami Robotic Prostatectomy**

**Robert Carey, MD – Conquer Prostate Cancer Now**

The nominees for **Prostate Surgeon of the Year, Georgia** are:

**Bert Chen, MD – Georgia Urology**

**John Pattaras, MD – Emory Healthcare**

**Scott Miller, MD – Scott Miller MD**

The nominees for **Prostate Surgeon of the Year, Hawaii** are:

**Sergei Tikhonenkov, MD – Urology Hawaii**

**David Chou, MD – Pacific Urology**

**Tim Roytman, MD – Aloha Urology**

The nominees for **Prostate Surgeon of the Year, Idaho** are:

**John A. Greer, MD – Idaho Urology**

**Stephen A. Brassell, MD – St. Luke's Health Services**

**Edward D. Ellison, MD – North Idaho Urology**

The nominees for **Prostate Surgeon of the Year, Illinois** are:

**Scott Eggener, MD – University of Chicago Medicine**

**Thai T. Nguyen, MD – Advanced Urology Associates**

**Marcus Queck, MD – Loyola Medicine**

The nominees for **Prostate Surgeon of the Year, Indiana** are:

**Robert A. Butler, MD – Urology Indiana**

**Michael O. Koch, MD – Indiana University Medicine**

The nominees for **Prostate Surgeon of the Year, Iowa** are:

**James Brown, MD – University of Iowa Hospitals & Clinics**

**Carl A. Meyer, MD – Unity Point**

**Jonathan Fialkov, MD – Iowa Specialty Hospital**

The nominees for **Prostate Surgeon of the Year, Kansas** are:

**Andrew J. Flum, MD – Kansas City Urology**

**David Duchene, MD – University of Kansas Health System**

**Bradley E. Davis, MD – Urologic Surgery Associates**

The nominees for **Prostate Surgeon of the Year, Kentucky** are:

**Andrew C. James, MD – University of Kentucky Healthcare**

**Thomas K. Slabaugh, MD – Lexington Clinic Urology**

**JD Williams, MD – Urology Group**

The nominees for **Prostate Surgeon of the Year, Louisiana** are:

**Farjaad Siddiq, MD – Robotic Urology Medicine**

**Robert M. Alexander, MD – Houma Surgi-Center Urology Clinic**

**Spencer Krane, MD – Tulane Urology**

The nominees for **Prostate Surgeon of the Year, Maine** are:

**Griffith R. D. Batstone, MD** – Maine Health  
**Moritz L. Hansen, MD** – Maine Health

The nominees for **Prostate Surgeon of the Year, Maryland** are:

**Mohammad Minhaj Siddiqui, MD** – University of Maryland Medical School  
**Christian Paul Pavlovich, MD** – John Hopkins Medicine  
**Benjamin H. Lowentritt, MD** – Chesapeake Urology

The nominees for **Prostate Surgeon of the Year, Massachusetts** are:

**Matthew F. Wszolek, MD** – Massachusetts General Hospital  
**Mark Preston, MD** – Dana Farber Cancer Institute  
**Mark D. Manganiello, MD** – Beverly Hospital

The nominees for **Prostate Surgeon of the Year, Michigan** are:

**Mani Menon, MD** – ManiMenon.com  
**David E. Thompson, MD** – Urology Surgeons  
**Arvin K. George, MD** – Rogel Cancer Center

The nominees for **Prostate Surgeon of the Year, Minnesota** are:

**Matthew T. Gettman, MD** – Mayo Clinic  
**Robert T. Gaertner, MD** – Minnesota Robotic Surgery  
**Christopher Warlick, MD** – Minnesota Health

The nominees for **Prostate Surgeon of the Year, Mississippi** are:

**Sujith K. Reddy, MD** – Urology Associates of Mississippi  
**Jason Blalock** – Mississippi Urology  
**Champs Weeks, MD** – Gulfport Memorial Hospital

The nominees for **Prostate Surgeon of the Year, Missouri** are:

**Gerald Andriole, MD** – Barnes Jewish Hospital  
**Justin M. Albani, MD** – North Kansas City Hospital  
**Travis Dum, MD** – St. Louis Urology

The nominees for **Prostate Surgeon of the Year, Montana** are:

**Kevin M. Kronner, MD** – Five Valleys Urology  
**Tim Grossman, MD** – St. Peter's Health  
**Gregory Adams, MD** – Urology Associates of Montana

The nominees for **Prostate Surgeon of the Year, Nebraska** are:

**Shawna L. Boyle, MD** – Nebraska Medicine  
**Gernon A. Longo, MD** – Urology Center

The nominees for **Prostate Surgeon of the Year, Nevada** are:

**Alex Lesani, MD** – AlexLesani.com  
**Brian T. Montgomery, MD** – Carson City Urologists  
**Mulugeta Kassahun, MD** – Urology Specialists of Nevada

The nominees for **Top Hospital Urology Department of the Year (based on US News & World Report's Urology Scorecard)**:

**Cleveland Clinic** scored 100/100 on the Urology scorecard  
**Johns Hopkins Hospital** scored 99.9/100 on the Urology Scorecard  
**Mayo Clinic** scored 99.9/100

The nominees for **Twitter Account of the Year** are:

**@Globalmenhealth** for their daily tweets committed to “putting men and boys on the gender agenda”.  
**@Movember** for tackling men's health on a global scale. Their goal: to stop men dying too young.  
**@MensHealthForum** for promoting diabetes awareness to men in the UK.

The nominees for **Celebrity Tweet of the Year** are:

**@TheRock, on 4.1.18** for encouraging men to open up about their feelings about depression. We applaud Dwayne Johnson for de-stigmatizing mental health among men.

**@MikeRoweWorks, on 10.10.18** when he filmed and tweeted his annual DRE, to show other men that's it's not as bad as they think it will be. Thanks Mike!

**@TheEllenShow, on 1.31.18** in support of mental health initiatives in Canada #BellLetsTalk.

The nominees for **Podcast of the Year** are:

**Renegade Radio with Jay Ferruggia: Fitness, Nutrition, Lifestyle, Strength Training, Self Help, Motivation Moverment Podcast**  
**The Art of Manliness**

The nominees for **YouTube Channel of the Year** are:

**Men's Health & Lifestyle**  
**Total Urology Care**  
**Men's Health Magazine**

The nominees for **Blog of the Year** are:

Justin Birckbichler, **A Ballsy Sense of Tumor (ABSOT)**.

Jed Diamond, **Men Alive**.

Dr. Paul Turek, **The Turek Clinic**.

The nominees for **People/Organizations #LeadingByExample** are:

**Daniel Craig**, for rocking his baby papoose in the Twitterverse.

**The Jamaica Observer**, for promoting the International Men's Day Event, "Reinforcing Positive Male Role Models" at The University of the West Indies on November 19<sup>th</sup>.

The **International Men's Day** movement, for encouraging all boys and men to **#LeadByExample**.

The nominees for **Prostate Cancer Foundation of the Year** are:

**Zero Cancer, IMF Cares, Urology Health, PCF, and Fans 4 the Cure**. Each of these organizations has taken prostate cancer awareness to new heights through the many patient programs and awareness campaigns they promote.

The nominees for **Men's Health Awareness Campaign of Year** are:

**Movember, Grow Your Mo Campaign** for highlighting men's health on a global scale.

**Men's Health Month (June)** for the campaign to encourage men to take control of their healthcare.

**Men's Health Week (UK)** for the campaign to encourage men to take control of their healthcare.

The nominees for the **Most Innovative Patient Quality of Life Products** are:

**Space Oar**, pain-relieving hydrogel for patients undergoing radiation therapy for prostate cancer; **Noctiva**, nasal spray for treating nighttime incontinence;

**Coloplast**, surgical sling for treating male incontinence.

The nominees for **Pharmaceutical Company of the Year** are:

**Avadel**, for Noctiva nasal spray to relieve nocturnal incontinence.

**Janssen Pharmaceutical Companies of Johnson & Johnson**, for **Elreada** to treat metastatic prostate cancer.

**Pfizer**, for **Xtandi** to treat both metastatic and non-metastatic prostate cancer.

The nominees for **Research Center of the Year, US** are:

**Center for Research on Men's Health, Vanderbilt University** – for "**Mighty Men**", a faith-based weight loss intervention to reduce cancer disparities among men.

**Men's Health Research Center, University of British Columbia, Vancouver Campus** – for its interdisciplinary "**PowerPlay Men's Health at Work**" initiative. This important project gives men the health information they need, the skills to make informed choices, and the ability to create healthy work environments.

**Stony Brook University Center for the Study of Men & Masculinities** for their pioneering new **Masters Program in Masculinity Studies**.

The nominees for **Men's Health Summit of the Year** are:

**Men's Health Summit**, University of Toronto Division of Urology & The Canadian Urological Society, January 20, 2018.

**CUNY's Men's Health Summit**, Baruch College, April 20, 2018.

**A4M MMI Men's Health Conference**, Boston, MA, October 26 – 27, 2018.

The nominees for **Author of the Year** are:

**Webb, Robert.** For *How Not to be a Boy*. Canongate Books, 2017

**Crews, Terry.** For *Manhood – How to be a Better Man, Or Just Live with One*. Zinc Inc., 2014.

**Howes, Lewis.** For *The Mask of Masculinity*. Rodale Books, 2017.

The nominees for **Publication of the Year** are:

**Journal of Men's Health**, the official journal of the International Society of Men's Health.

**American Journal of Men's Health**, for exploring racial disparity surrounding prostate cancer screenings.

**International Journal of Men's Societal and Community Health**.

The nominees for **Journal Article of the Year**:

**“Early Cancer Detection Behaviours Among Black Males”, Journal of Men's Health, July 8, 2018.**

**“Exploring Racial Differences Surrounding Prostate Cancer Screening”, American Journal of Men's Health, June 28, 2018.**

**“The Environment Was Like They Were in a Pub with No Alcohol”, International Journal of Men's Societal and Community Health, October 2, 2018.**

The nominees for **Research Team of the Year** are:

**Timothy Hewitt, Kim A. Killinger, Spencer Hiller, Judith A. Boura, and Michael Lutz** for **“Exploring Racial Differences Surrounding Prostate Cancer Screening”, American Journal of Men's Health, June 28, 2018.**

**Steve Robertson, Paula Carroll, Alexandra Donohoe, Noel Richardson, Aisling Keohane, Liam Kelly, Michael Harrison** for **“The Environment Was Like They Were in a Pub with No Alcohol”, International Journal of Men's Societal and Community Health, October 2, 2018.**

**Darlingtona Atakere, MS and Tamara Baker, PhD** for **“Early Cancer Detection Behaviours Among Black Males”, Journal of Men's Health, July 8, 2018.**

The nominees for **Advocate of the Year, North America** are:

**Mike Keenan** for sharing his journey with prostate cancer and encouraging men to get screened.

**The Jolly Green Giant** for sporting a moustache during the month of November to promote men's health in support of Movember.

**Michael Lutz, MD** of Michigan Institute of Urology for starting the Blue Monday awareness campaign during Men's Health Week.

The nominees for **Players Association of the Year** are:

**NFLPA** for its health & wellness platform known as **The Trust** made available to former NFL players. **The Trust** is a valuable resource for men seeking guidance.

**NHLPA** for collaborating with NHL on “Hockey Fights Cancer”.

**MLBPA** for the annual Michael Weiner Scholarship Awards.

The nominees for **European Universities Advancing Men's Health Studies** are: **University of Glasgow, VU University Medical Center Amsterdam, Radboud University Medical Centre Netherlands, University of Lisbon, University of Aberdeen, University of Edinburgh, and University of Dundee.**

The nominees for **European Football Clubs Promoting Men's Health** are:

**In UK – Arsenal FC, Everton FC, Newcastle United, Manchester City, and Stoke City.**

**In Netherlands – FC Groningen, PSV, Ado Den Haag, and Vitesse**

**In Portugal – Sporting Clube de Portugal, Sport Lisboa e Benfica, and FC Porto.**

**In Norway – Stromsgodset IF, Valerenga Fotball, and Rosenborg Ballklub.**

The nominees for **Most Informational Men's Health Website of the Year** are:

**The Good Men Project** [www.GoodMenProject.com](http://www.GoodMenProject.com)

**The Art of Manliness** [www.artofmanliness.com](http://www.artofmanliness.com)

**Young Men's Health** [www.YoungMensHealth.org](http://www.YoungMensHealth.org)

The nominees for **Advocate of the Year, Oceania** are:

**The Society of Men's Health Philippines** for promoting televised men's health awareness campaigns, including free prostate exams.

**MenGage, Australia** for their **Primary Health Care Approach to Men's Health in Community Health Settings**.

**Australian Men's Sheds Association** for building community and safe spaces for men to engage in healthy pursuits with one another.

The nominees for **Men's Health Improvement Program of the Year** are:

**FFIT (Football Fans in Training)** program in Scotland – community engagement among male football fans aimed at increasing physical activity.

**MOM (Men on the Move)** program in Ireland – community engagement among men in Ireland aimed at increasing physical activity.

**Spanner in the Works?** – community engagement among men in Australia aimed at encouraging men to be proactive about annual screenings.

Our Call for Nominations remains open through December 31, 2018 for numerous categories including those listed below. New nominations will be announced each week.

**Call for Nominations:**

- University of the Year
- State Health Department Employee of the Year
- Sports Team of the Year
- Radio Personality of the Year
- TV News Anchor of the Year
- Philanthropist of the Year

**Contact Information**

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